



Associated
Builders and
Contractors

Central Florida



ARE YOU CERTIFIED?

CPR & First-Aid 2022

Do you have the lifesaving CPR and First-Aid skills needed to help co-workers or customers in an emergency situation?

- Learn to be prepared for emergencies, prevent injuries, and respond calmly and effectively when emergencies strike
- First time certifications and renewals welcome
- Attendees will receive both certifications in one day

Check your cards - certifications expire every two years.

Wednesday, January 12, 2022

1:00 pm - 6:00 pm

Thursday, February 17, 2022

8:30 am - 1:30 pm

Wednesday, March 16, 2022

1:00 pm - 6:00 pm

Private classes are available. For pricing and availability please email classes@abccentralflorida.org or call 407-628-2070 for more information.

According to OSHA Code of Federal Regulations 1926.50 (c), persons having a valid First-Aid Certification must be available at all job sites. Additionally, OSHA has promulgated a standard to eliminate or minimize exposure to blood borne pathogens and requires exposure control plans, input from employees and possibly establishment and maintenance of logs.

CFC ABC Office

651 Danville Drive, Suite 200
Orlando, FL 32825

\$65/person Members

\$75/person Non-members

Includes Light Refreshments

Registration available online at
abccentralflorida.com/calendar
or scan the QR code below.

Pre-registration available only online.



Cancellation/Refund Policy:

Cancellations received by 5:00 p.m., two business days before the class dates listed will be accepted with a full refund. No refunds after deadline.