

4-Day

OSHA 30-HOUR OUTREACH TRAINING

OSHA recommends workplace safety training for a safe and healthful work environment, specifically for hazard avoidance on the job site.

OSHA 30-Hour Construction training is a great method for educating construction workers and supervisors about OSHA safety standards. Students who complete this OSHA-authorized course will receive an official OSHA card from the U.S. Department of Labor (DOL). This OSHA Outreach training is a comprehensive overview of standards that OSHA has set in place for job site safety, specifically structured for hazard identification, avoidance, control and prevention.

This course content includes:

- Introduction to OSHA standards
- OSHA General duty & competent clause
- Excavation, trenching & shoring.
- Electrical
- Fall Protection
- Handling, storage, and disposal of materials
- Ladders and stairways
- Cranes, derricks, hoists, elevators, and conveyors
- Students will also learn about elective items of their choosing and practical application.

For additional information call us or email safety@abccf.org.

Date & Time:
(Non-concurrent)

April 22 & 23 | April 29 & 30 2026

8:00 AM - 4:30 PM

LOCATION:

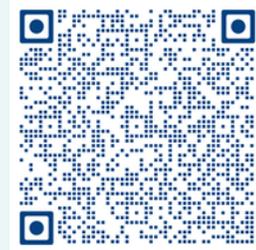
**ABC CF Office
651 Danville Drive
Orlando, FL 32825**

COST:

**ABC Member Discount - \$249
Attendee - \$349**

(Lunch will be provided)

SCAN TO REGISTER



A cancellation number will be issued for requests that are received by 5 p.m. 3 business days prior to the first class. Any requests for a refund made after this date will not be processed.