

# BETHE BEAT



## *Heart Health* **FOR YOU AND YOUR FAMILY** (AMERICAN HEART ASSOCIATION)

**February 9, 2023**  
**4:00 PM - 5:30 PM**  
**FREE for members to attend**

Learn more about the American Heart Association and their work in the community to remove barriers and advance health equity.

Learn to “Be the Beat” and be the difference in saving a life!

**Scan QR code  
to sign up**



**Register by February 6, 2023**  
**Cancellation deadline: February 7, 2023**

For additional information call us or  
email [classes@abccentralflorida.org](mailto:classes@abccentralflorida.org).

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651 Danville Drive, Suite 200 Orlando, FL 32825  
P: 407.628.2070 | W: [abccentralflorida.com](http://abccentralflorida.com)