## **SUICIDE PREVENTION**& AWARENESS

DECEMBER 11, 2024 9:00 AM - 11:00 AM

Presented by

Michele Daugherty, President & CEO ABC Central Florida

Participants will gain the skills and tools needed to appreciate the critical need for suicide prevention while creating a forum for dialogue and critical thinking about workplace mental health challenges, and by promoting help-seeking and help-giving.





- ★Learn the warning signs
- ★ Find out how you can help
- ★ Gather the necessary resources